

## Church Contact Details

### METHODIST

**Superintendent Minister:**

*News in September*



**Circuit Pastoral Worker:** Dean Lawson Phone: 07897 736024

Email: [laypastor@penrithmethodist.co.uk](mailto:laypastor@penrithmethodist.co.uk)

**Church Steward:** Mr John de la Mare  07802 709320

 [www.eastofedenmc.org.uk](http://www.eastofedenmc.org.uk)  [facebook.com/alstonmoormethodistchurch](https://facebook.com/alstonmoormethodistchurch)

### ROMAN CATHOLIC

**Parish Priest:** Fr John Winstanley (*usual day off: Monday*)

**Deacons;** Revd Charlie Conner, Rev. David Greaves

St Catherine's Rectory, Drovers Lane, Penrith CA11 9EL



 01768 862273  [penrithrc@btinternet.com](mailto:penrithrc@btinternet.com)



**Local Contact:** Anne & Paul Parkin  01434 381704



 [www.stcatherinepenrith.org.uk](http://www.stcatherinepenrith.org.uk)



### QUAKERS

Carol Graham  01388 517145  [hillhouseeast@yahoo.co.uk](mailto:hillhouseeast@yahoo.co.uk)

Antony Christie  01434 381633  [antonychristie@aol.com](mailto:antonychristie@aol.com)

Kate Webb  01434 381562  [kate.webb@yahoo.co.uk](mailto:kate.webb@yahoo.co.uk)



### CHURCH OF ENGLAND

**Vicar:** Revd Mark Nash-Williams (*usual day off: Monday*)

The Parsonage, Brampton Road, Alston, Cumbria CA9 3AA

 01434 382588  [vicar@alstonmoorcofe.org.uk](mailto:vicar@alstonmoorcofe.org.uk)

**Curate:** Revd Andy Morsman  07375 905246 (*usual duty days: Wed, Thu*)

 [curate.andy@alstonmoorcofe.org.uk](mailto:curate.andy@alstonmoorcofe.org.uk)

**Churchwardens:**

**Alston** Tanya Uemlianin 07490 772019 Paul Dyke 07544 714369

**Garrigill** Jim McCarry 07890 345901

**Kirkhaugh** Richard Graham 381367

**Knaresdale** Irene Boyles 381388 Carol Grieves 382472

**Nenthead** Madeleine Harris 382144 Simon Crossley 200241

**Lambley** Vacant – contact one of the other Wardens

 [www.alstonmoorcofe.org.uk](http://www.alstonmoorcofe.org.uk)  [facebook.com/alstonmoorchurches](https://facebook.com/alstonmoorchurches)



## Methodist Services



All services at 11.00 am in St Wulstan's, unless otherwise stated.

3<sup>rd</sup> Revd Alex Dunstan

5 pm Pennine Praise at The Hive, Nenthead

10<sup>th</sup> David Pepin

17<sup>th</sup> Dean Lawson

24<sup>th</sup> Local Arrangement

31<sup>st</sup> No service in Alston

Penrith Methodist Church - launch of new Cumbria Circuit

## Quaker Meeting for Worship



Quaker Meeting for Worship continues to take place every FOURTH SUNDAY of the month at 10.30am, throughout the year

**And SECOND WEDNESDAY OF THE MONTH: 6.30 – 7.30pm**

**14<sup>th</sup> MAY, 11<sup>th</sup> JUNE, 9<sup>th</sup> JULY, 13<sup>th</sup> AUGUST, 10<sup>th</sup> SEPTEMBER**

Everyone most warmly welcome to join us for an hour of silent, reflective worship at these times.

## Roman Catholic Mass



St Wulstan's, Kings Arms Lane, Alston, CA9 3JF

Mass every Saturday as usual at 6.00pm

with confessions available from 5.30pm

## Ecumenical Service at Grisedale Croft

A relaxed, informal service, on Thursday 28<sup>th</sup> August, 1.30pm

# Church of England services & events



## Worship and Prayer in August

### **Sunday, 3<sup>rd</sup> August** (*1<sup>st</sup> Sunday in the month*):

- |         |                      |                                     |
|---------|----------------------|-------------------------------------|
| 9.30 am | Holy Communion (BCP) | Holy Paraclete, Kirkhaugh           |
| 11.00am | Sung Communion       | St Augustine, Alston (& livestream) |

### **Sunday, 10<sup>th</sup> August** (*2<sup>nd</sup> Sunday in the month*):

- |          |  |                                     |
|----------|--|-------------------------------------|
| 9.30am   | Morning Prayer                           | St John, Nenthead                   |
| 11.00am  | Sung Communion                           | St Augustine, Alston (& livestream) |
| **3.00pm | <b><u>"Summer Celebration"</u></b>       | St Jude, Knaresdale                 |
| 4.45pm   | <i>Practice for next week's evensong</i> | Holy Paraclete, Kirkhaugh           |

### **Sunday, 17<sup>th</sup> August** (*3<sup>rd</sup> Sunday in the month*):

- |          |  |                                     |
|----------|--|-------------------------------------|
| 9.30am   | Morning Prayer                               | St John, Nenthead                   |
| 9.30am   | <b>Holy Communion</b>                        | St John, Garrigill                  |
| 11.00am  | Sung Communion                               | St Augustine, Alston (& livestream) |
| 4.00pm   | <i>Rehearsal for...</i>                      |                                     |
| **6.00pm | <b><u>Come &amp; Sing Evensong (BCP)</u></b> | Holy Paraclete, Kirkhaugh           |

### **Sunday, 24<sup>th</sup> August** (*4<sup>th</sup> Sunday in the month*):

- |          |  |                                     |
|----------|--|-------------------------------------|
| **9.30am | <b><u>Community Songs of Praise</u></b>                            | St John, Nenthead                   |
|          | <i>followed by <b>Procession &amp; Blessing of the Village</b></i> |                                     |
| 11.00am  | Prayer & Praise  | St Augustine, Alston (& livestream) |
| 3.00pm   | <b>Evening Prayer</b>  | Ss Mary & Patrick, Lambley          |

### **Sunday, 31<sup>st</sup> August** (*5<sup>th</sup> Sunday in the month*):

- |         |  |                      |
|---------|--|----------------------|
| 9.30am  | Said Communion   | St Augustine, Alston |
| 11.00am | <del><b>Special Parish Event (details t.b.c.)</b></del> <i>see website for details</i> |                      |
|         | <b>Coffee, Cake &amp; God</b> (details soon)   | Lovelady Shield      |

## Regular Weekday services

### **Morning, Evening & Night Prayer**

- Morning Prayer: Wed-Sat, 9am St Augustine's & on Zoom
- Evening Prayer: Wed, Thu & Sat, 5pm St Augustine's & on Zoom
- Fridays, 6pm St John's, Nenthead
- Night Prayer: Fridays, 9pm Zoom

### **Informal Holy Communion**

- Every Thursday, 12 noon Chat Room, Alston

## Sunday services online

- Join us at 11am weekly on **Zoom** using the app – or, with an ordinary phone, dial 0203 051 2874. The **Meeting ID code** is **357 123 751**.
- Or find us on **YouTube** – [youtube.com/@AlstonMoorParishChurches](https://youtube.com/@AlstonMoorParishChurches)
- Download the orders of service from [alstonmoorcofe.org.uk/worship](https://alstonmoorcofe.org.uk/worship) and the notice sheet from [alstonmoorcofe.org.uk/whatson](https://alstonmoorcofe.org.uk/whatson)

## Prayer requests and virtual candles



If you would like someone to pray for or with you, phone Mark on 01434 382558 or email [pray@alstonmoorcofe.org.uk](mailto:pray@alstonmoorcofe.org.uk)  
Light a candle at [churchofengland.org/our-faith/light-candle](https://churchofengland.org/our-faith/light-candle) or in any of our parish churches

## Ways to support your parish churches financially

- ✓ Make a one-off donation at [alstonmoorcofe.org.uk/donate](https://alstonmoorcofe.org.uk/donate)
- ✓ Speak to a Churchwarden, a Treasurer or Mark about regular donations
- ✓ Join [easyfundraising.org.uk](https://easyfundraising.org.uk) and select your favourite church as your cause.

*Thank you!*



## August dates for your Diary (subject to change)

Throughout August	<b>Nenthead200 Photo Exhibition</b>	<i>St John, Nenthead</i>
Fri 8 <sup>th</sup> , 6.00pm	<b>Art Exhibition Opening</b>	<i>St Augustine, Alston</i>
Fri 15 <sup>th</sup> , 6.00pm	<b>Beer'n'Hymns'n'Fish'n'Chips</b>	<i>St Augustine, Alston</i>
Sun 17 <sup>th</sup> , 10am-3pm	<b>Coffee Shop</b>	<i>Garrigill VH</i>
Fri 22 <sup>nd</sup> , 7.30pm	<b>Rory Connor in Concert</b> <del>Music Event (t.b.c.)</del>	<i>St Augustine, Alston</i>
Sat 23 <sup>rd</sup> , afternoon	<b>Nenthead200 Bands in church</b>	<i>St John, Nenthead</i>
Sat 30 <sup>th</sup> , 10am	<b>St Jude's Coffee Stop</b>	<i>Knaresdale w Kirkhaugh VH</i>

## **The Chat Room**

Bottom of Front Street, next to Mad Hatters. Open all year, for a safe space, a warm welcome, a cuppa and a chat. Whether you need a moment's break from the weather, or an hour of company and deeper conversation, the hosts are always pleased to see you.  
Our normal opening hours are Monday to Friday, 10-12.  
Holiday closure until 4<sup>th</sup> Aug



You are warmly invited  
to a

## Summer Celebration

St Jude's Church, Knaresdale  
Sunday 10<sup>th</sup> August, 3.00 pm

- ✚ A relaxed, informal service
- ✚ Bring your favourite summer poems to share
- ✚ Enjoy some favourite hymns
- ✚ Including Holy Communion for those who wish

*Everyone welcome!*

## Fish 'n' Chips 'n' Beer 'n' Hymns

St Augustine's Church,  
Friday 15<sup>th</sup> August, 6.00 pm



Your favourite hymns,  
local beers,  
fish and chip supper  
from Jack's Café

(Free admission,  
supper charged at cost,  
beer, wine, soft drinks  
on sale)



*Gluten free and vegetarian options available*



Holy Paraclete Church, Kirkhaugh  
CA9 3LA

## Come and Sing Evensong



Sunday, 17<sup>th</sup> August, 6:00 p.m.

First Rehearsal Sun 10<sup>th</sup>, 4.45 pm  
Final Rehearsal Sun 17<sup>th</sup>, 4 pm

To join the scratch choir, contact Mark  
on 01434 382558 or [vicar@alstonmoorcofe.org.uk](mailto:vicar@alstonmoorcofe.org.uk)  
(music will be provided in advance)

**All welcome!**

## Rory Connor



St Augustine's Church, Alston  
Friday, 22<sup>nd</sup> August,  
7.30pm

Tickets £7.50

01434 382558

Licensed bar